



Edmonton Cycle Club

*Affiliated to Cycling UK
With Enfield Cycling Campaign*

Sommar-Höst 2025

Newsletter No. 92

Hello from ECC newsletter and frequent fliers! We hope you are well and enjoyed the summer's cycling. Do check your bike regularly, perhaps using one of our suggested mechanics shops listed on page 8.

Our Meetings and Socials continue on first and third Thursdays of the month at WHSC.

Hope to see you out riding with us! - The Editors.

www.edmontoncycleclub.org

Welcome to new members

Antony, Andrew, Karen, Dan.

Birthday Bikers!

September: 3 Rosa, 12 Chris W, 20 Jill.

Oktober: 5 Jayne, 30 Cathy, 31 Angela.

November: 9 Karl, 18 Julian, 21 Wayne, 28 Pat.

December: 12 Paul J, 19 Tracey, 21 Morna, 28 Gerry.

ECC Frequent Flyers as at 1st July - 31 Dec 2025

Bridget, Cathy, Jeff, Geoff, Maz, Paul L, Paul S, Peter, Richard, Tim, Pat.

Advice and Request to Riders - Be Prepared!

Please, please have your bike in good order before you come to start a ride! Make use of your local bike shops (see page 8), and ensure your tyres, brakes, gears etc. are all checked. Bring spare inner tubes to suit, and basic tools. Don't forget you own kit too - prepare for the weather with clothes to suit the season, plus phone, money, water etc.!

ALSO - can ride leaders and backstops confirm they have each other's mobile numbers on their phones! Be ready to enjoy the ride! Thanks!

Diary of coming Rides and Events 2025

Venue **Winchmore Hill Sports Club**

The Paulin Ground, Ford's Grove, Winchmore Hill, London N21 3ER

what3words address is [///boot.issued.sands](https://www.what3words.com/#!/boot.issued.sands)

Club Meetings / Socials:

First Thursday of month at 8pm
prompt

Socials:

Third Thursday of month at 8pm

Nov 6, Dec 4.

Jan 8, Feb 5, Mar 5, Apr 2, May 7.

Nov 20, Dec 11.

Jan 15, Feb 19, Mar 19, Apr 16, May 21

For details of the regular rides, please see the website at www.edmontoncycleclub.org or the “ECC Rides and Events” WhatsApp group.

Cycling With Confidence

Free adult cycling sessions for Enfield residents:

- Wide range of bikes & trikes to try out, with friendly support of qualified instructors
- Turn up at Bush Hill Park, Lincoln Rd, Enfield EN1 1PS
- Fridays 10.00 to 2.00pm from May 2026 until August – To Be Confirmed
- More info from mark.huggard@ageukenfield.org.uk (07824 845784)
- Sponsored by Enfield Age UK, TFL, and Enfield Council

Advertisement

Little Green Dragon Ale House

928 Green Lanes, Winchmore Hill

www.lgd-at-home.com

Finalist in CAMRA's Pub-of-the-Year 2024!

Tues-Thu 5-10pm, Fri, Sat, Sun 12-10pm (Closed Mon)

Cyclists welcome!

Advertisement

Flat Available to Let

For a short break / holiday in Santa Ponsa, Mallorca.

It's right by the sea, has fantastic views, and is easily reachable from the airport in Palma.

Contact ECC member Tim on 07719 349919 or

Email: timrhodes@blueyonder.co.uk

Ride Reports by “Our riders on the saddle”...

Sunday 15th June: Walthamstow Museums

A warm sunny ride to cultural Walthamstow, visiting the pumphouse engineering museum. Then to the popular God's Own Junkyard, the emporium of neon signs and quirky objects. Opposite is the Malt huis brewery and Moroccan café. Lunch at Lloyd Park café .Back to Edmonton c 2.30pm. Leader Paul; Riders Hyacinth. Geoff. Cathy. Jeff. Paul S. Morna, Sarah, Bharat; Backstop Richard.

Sunday 22nd June: Les Bailey Memorial Ride (1): Sawbridgeworth

We assembled at Whitewebbs Café in warm but comfortable weather, thankful that the 30° plus temperatures of the previous day were not being repeated. After a team photo we headed off towards Enfield Island Village and made our way through Gunpowder Park and up to Waltham Abbey. From here we cycled through Lea Valley Park, past the farm and up to Nazing. We tackled the most difficult hill of the day as we ascended Hoe Lane and could then relax in the knowledge that there would be nothing as challenging to follow. After making our way along Common Road and Epping Road we hit the outskirts of Harlow, headed for the Town Park and on to Gilston. At Pye Corner we took quiet country Lanes to Beanfield Road and then West Road into Sawbridgeworth. Sawbridgeworth was surprisingly quiet with many of the eating places closed. We found a nice local pub but it wasn't serving food. However, apparently the beer was good so we planted ourselves in the beer garden and brought in sandwiches from a nearby store. We had made good time so enjoyed a leisurely lunch before setting off back through Lower Sheering, past the Mayfield Bakery and back to Epping Road. For most of the return journey we were facing headwinds which slowed us down a bit, but we continued to Epping Uplands and then up to High Road, Epping. We came back through High Beach and popped in to see if the other group were still enjoying tea and cakes at Holy Innocents Church. Apparently we had missed them by about 15 minutes. We arrived back at the Little Green Dragon not long after the scheduled time of 4.00pm and enjoyed some welcome liquid refreshment and tasty food provided by Pat. Leader Geoff; Riders Bridget, Cliff N, Dave P, Deirdre, Jeff, Keeley, Paul L, Richard N, Rosa; Backstop Peter M

Sunday 29th June: Lewis Ice Cream Farm

This was a gentle, half day ride after our efforts of the previous week. After breakfast we set off on an initially familiar route along Waggon and Dancers Hill Roads before turning off to negotiate the atrocious cycle crossing of the M25 at Bignalls Corner. From here we rode through South Mimms and Cattlegate Farm before crossing the A1 at the horse s*** bridge and riding up to the Ice Cream Farm. Which, as you might expect on a sunny Sunday was crowded but as it was still only about 11:30am not impossibly so. After consuming two or even three (you know who you are) scoops of ice cream each we left about 12:30. We split up for the homeward route, with one group trying the new cycle path between Ferny Hill and the Ridgeway. Very quiet, but the surface was challenging in places, and it's not really recommended for road or small-wheeled bikes. Leaders Peter, Bridget; Riders Bharat, Cathy, Debbie, Geoff, Jeff, Kieron, Paul L. Paul S,

Richard, Stephen, Tim (This from memory, so if I've missed you out apologies and please let me know); Backstop Colin

Sunday 13th July: Richmond Park

Seven of us arrived at Coffee Break Café expecting scorching temperatures but instead found ourselves underdressed and shivering in the cold. Thankfully the weather quickly improved and before we had travelled far we were experiencing the sunshine that had been forecast. After setting off down Green Lanes we turned towards Arnos Park and then over the bridge at New Southgate Rail Station. The outward journey took us through Finchley, Golders Green, Cricklewood, Willesden Junction, Acton, Chiswick, Mortlake and on to Richmond Park. Riding mostly on quiet side roads we witnessed some very posh residencies not to mention one or two interesting looking pubs. Once there we all decided to start our lap of the Park and stop for lunch at the Pembroke Lodge Café. By now the weather was unbelievably hot and we sat outside enjoying the various refreshments on offer. Soon after setting off back we encountered a large group of young deer and stopped to get some close up photos. Once out of the park we headed back over Putney Bridge and cycled through Hyde Park before stopping briefly in Regents Park where ice cream was on sale. The rest of the route took us through Camden, Whittington Park, Wood Green Common and back to Green Lanes where we used the cycle lane to take us back to Coffee Break. Leader Geoff; Riders Angie, Bharat, Deirdre, Paul L, Sarah M; Backstop Richard N

Sunday 20th July: Trinity Wharf

A showery start faded as we rode south via Walthamstow Wetlands, Hackney Marshes, Three Mills, Bow Locks, Limehouse Cut to Bow Creek on CS3. Lunch at the Orchard café and look around the artistic buildings, musical installation, Faraday hut, lightship. Return by Mile End and Victoria Park to Edmonton about 3.30pm. Yep déjà vu all over again!! Q What sportsman said that? Leader Paul; Riders Peter, Tim, Pat, Backstops Bharat, Richard.

Sunday 27th July: Borehamwood and Mill Hill

We set off along a familiar route through Cockfosters and up Waggon Road, then continued to the A1 horse bridge and into Borehamwood. A delightful trip around the backstreets of Borehamwood brought us to a long hill (the sort that gets steeper the further up you go) that led to Barnet Lane, and from here we turned into Edgwarebury Lane. Fortunately we all heeded the leader's warning that the road surface here was dire, and the steep, pockmarked descent was negotiated without incident. This led us to Edgware Way and the busy Apex corner roundabout, which we were relieved to discover has a cycling underpass. On to Mill Hill, and another hors catégorie climb through the grounds of Mill Hill School before descending Partingdale Lane to the London Equestrian Centre. Here we enjoyed some healthy or not so healthy food at their large café while watching various horses being led in and out of stables. After lunch we rode directly back to Oak Hill Park in East Barnet where we split for our various homeward destinations. Leader Peter M; Riders Angie, Birgitta, Debbie, Pat, Paul. Richard, Tim; Backstops Bharat, Jeff.

Sunday 3rd August: High Beach

A summer's ride to the motorcyclist's café followed by tea and cakes at the church. The weather was OK as we rode east via Edmonton Green, Chingford Lane, Woodford High Road, off road up Fairmead Road through forest to lunch outside. Then a short uphill ride to high Beach church for lovely cakes and tea. Leader's surprise was the musical ceilidh band held inside as drizzle fell. Lively music and instructed dancing by some. Ride back by Mott Street, Lee Valley, to Enfield and Edmonton arriving back about 4pm. Leader Bridget; Riders Paul, Peter, Geoff, Cathy, Tim, Sue, Debbie, Jeff, Pat, Stephen, Hal, Sarah, Colin, Paul S, Andrew, Dan, Joseph Backstops Bharat, Richard. At the church: Caroline.

Sunday 10th August: Stephen's House and Garden

Stephen's House and Gardens in Finchley is a destination that the club had not visited in the years I have been riding, so in my quest to go somewhere 'new', I decided to make up an interesting route there. Departing from Firs Farm café, we rode through Palmers Green and along the Pymmes Brook Trail to Oakhill Park, at which point we left the park and ventured up a steep hill (moans from some riders!) to Oakleigh Park Station and then up hill again (more moans) to the High Road in Whetstone which we crossed and headed down to the Dollis Valley cycle path. We followed the scenic cycle path along the river to Finchley, where we left it and rode the short distance to the park and café. Serving us all with our morning snack took a while, so after an extended break and many photographs with Spike Milligan bench, we continued our ride along to East Finchley, up to Muswell Hill and home via Ally Pally. Leader: Tim; Riders: Paul L, Peter M, Geoff, Cathy, Jeff, Sarah, Richard, Angie, Bridget, Karen, Peter D, Sue, Hal, Morna, Debbie; Backstop: Bharat.

Sunday 17th August: Stanstead Abbots

Riding 9:35 from Edmonton Leisure Centre to Meridian Way then north on a cycle path towards Waltham Town lock. On to Dobbs Weir past Stort Junction to water and cultural information stop at Rye Gatehouse. Then 15 minutes through the nature reserve to Village Pantry café lunch. Return via Broxbourne, etc. on road towards Cheshunt and Enfield Town as we split for home. Leader Paul L; Riders Tim, Geoff, Cathy, Sarah C, Debbie, Paul S, Jeff; Backstops Bharat, Richard.

Sunday 24th August: Harpenden Market

Eleven of us assembled at Trent Park where we bumped into Chris Aspin walking her dog. After setting off we cycled up Waggon Road and made our way towards Potters Bar and on to Waterend. After passing through Colney Heath we headed for Sandridge and then took country lanes all the way to Wheathampstead. We reached Harpenden around lunchtime and found it quite busy. Spoilt for choice of eating places we split up for lunch and to explore the town and market. On our return we took a different route back to Sandridge and Colney Heath before passing through Waterend again and on to the western side of Potters Bar and Dame Alice Owen School. After tackling the hill up Bakers Street to Dancers Hill Road we cycled up to Kitts End and Monken Hadley. At this

point we split into two groups with one continuing on to Barnet and the other taking Camlet Way and Beech Hill back to the Cockfosters Road. An enjoyable day in perfect weather for cycling.

Leader Geoff; Riders Andrew D and Dan, Jeff, Pat, Peter M, Richard N, Sarah C, Stephen, Sue; Backstop Bharat

Sunday 31st August: Greenwich

Twelve of us set off from Edmonton on the ride to Greenwich. The route took us along the River Lea towpath, the Regents Canal and the Thames path to Island Gardens, where we had to park our bikes as one of the lifts for the Greenwich foot tunnel was not working. Most of us went to Goddard's Pie and Mash shop for lunch. This is always a real treat. Two of us even managed a fruit crumble too! We returned via the Thames Path, the Greenway, the Olympic Park and Walthamstow wetlands. Leader: Tim; Backstop: Bharat; Riders: Geoff, Cathy, Sue, Pat, Bridget, Colin, Paul L, Adrian, Andrew, Richard.

Sunday 7th September: Chingford and High Beach

Riding at 11.30 from Edmonton Green eastwards to some Chingford side roads and off road bit to above museum and Butlers Retreat café. We missed the museum as it was closed for lunch between 1 and 2pm - remember this for next time! Riding onwards to church tea via Fairlead Road, left turn to church for 2pm tea and cake outside. Return down Mott Street to Enfield by A10 as we split off. Leader Paul; Riders Geoff, Cathy, Richard, Debbie; Backstop Bharat.

Sunday 14th September: Tewin

Only 3 of us signed up for this ride. I don't know if it was the mention of a few hills which put people off but given that the three of us who did sign up had an average age of 76 I don't know what the youngsters had to fear! Anyway, the three of us met at Beggars Hollow a bit earlier than originally planned in the hope we would miss the rain forecast for later. We headed straight for Cheshunt Park Golf Course after which we tackled the only three (slightly) challenging hills of the day. After this we cruised up to Brickendon, past Bayford Rail Station and on to Hertingfordbury. After passing down The Old Coach Road we turned off and crossed the A414 with care before heading down to the B1000. We were only on the B1000 for a short while before turning off at Archers Green Lane and on to Tewin. We enjoyed lunch sitting outside The Honey Hill Tearooms (formerly Bumpkins) before riding back through the outskirts of Welwyn Garden City, passing by Hatfield House and back via Brookmans Park and Potters Bar. We finished by cycling down Coopers Lane Road, Cattlegate Road and back to Beggars Hollow via Crews Hill. And yes we did arrive back before the rain. Leader Geoff; Riders Richard N, Stephen; Backstop not needed

Contact Information

Enfield Cycling Campaign –
New coordinator is Alex Atherton.

info@enfieldcc.co.uk
www.enfieldcc.co.uk
info@betterstreets.co.uk

Paul L, ECC club info:

020 8808 3473 (before 9 pm only please)

Paul, ECC Rides Secretary, and assistant Maz:

eccridesec@hotmail.co.uk

ECC webmaster Peter: - Join email list via website

www.edmontoncycleclub.org

Southgate Cycling Club: (note new web address)

020 8372 1710
www.southgatecyclingclub.co.uk

London Cycling Campaign:

020 7234 9310 www.lcc.org.uk/lcc
email Office@lcc.org.uk

LCC Enfield:

http://lcc.org.uk/boroughs/enfield

CTC:

www.ctc.org.uk/services/work
email cycling@ctc.org.uk 0870 8730060

Sustrans National Cycle Network:

0845 113 0065 www.sustrans.org.uk
email info@sustrans.org.uk

Cycle Enfield: Free “Dr. Bike” checks, cycle loans, free
training, leisure rides, cycle maintenance.

www.cycleenfield.co.uk
020 7031 6730

Free inclusive cycling at Mon 10.00-2.00pm, Bush Hill Park.

email cycle@enfield.gov.uk

Booking and registration on this number:

020 8379 2445

Training:

www.cycletraining.co.uk 020 7582 3535

Register your bike for free

www.immobilise.com

Report bike theft to police online:

https://online.met.police.uk

Canals:

www.waterscape.com

Cycle Route Planner

www.cyclestreets.net

Blue Cycle Training – learn to ride a bicycle

www.bluecycletraining.co.uk
07949 191141

Club Merit Points

The points scheme is:

*First time ride leader 15 pts; Regular ride leader 10 pts; Back-stop 8 pts; Peloton rider 5
pts; Part ride 2 or 1 pts; Meeting 4 pts; Social Meeting 4 pts; Club Meal 4 pts, Bike Aid or
First Aid 2 pts.*

2025 Latest at 19 October:

*269 Geoff, 255 Paul L, 225 Peter M, 197 Cathy, 175 Richard, 172 Tim, 152 Bridget, 137
Bharat, 115 Jeff, 111 Pat, 95 Paul S, 90 Stephen, 82 Debbie, 59 Sarah C, 54 Sue,
52 Dave, 50 Colin, 49 Angie, 46 Maz, 42 Karen, 38 Rosa, and 35 others behind you!*

Please Note: If you wish to receive this newsletter by post, please send SAEs to: Paul
at 2 Mayfair Gardens, Tottenham N17 7LP.

If you wish to resign, or not to receive the printed newsletter, please tell Paul by phone,
letter, or in person.

1. Services:

AutoStore Motor Factors, 755 Green Lanes, Winchmore Hill, N21 3FA (020 8360 3622) www.autostoreonline.co.uk

Bikes For Good Causes 350 High Rd Wood Green N22, 020 8888 1005

Bikes R Us Mobile service / repairs – petebikesRus@hotmail.com (07949 066889)

The Cycle Store, 201 Woodhouse Rd, Friern Barnet N12 (020 7249 2200)

Decathlon – outdoor / cycle On A406 at Corktree Retail Park, Chingford E4 8JA

Halfords, Unit 3, Great Cambridge Road, Enfield (020 8366 0787)

Hancocks 10 Cadmore Ln, Cheshunt (01992 623922)

John's Cycles – 17 Greenhill Parade, Barnet EN5 1EU www.johnscycles.co.uk

Mac's, 77 Ordnance Road, Enfield (020 8292 5799)

North London Autocycles, 29 Gt Cambridge Road, Tottenham N17. (020 8801 6996)

The Rockstone Cycling Hub 335 Lordship Ln, Tottenham N17 (020 8808 0203)

Stanley Bridge 11 Newnham Parade, College Rd, Cheshunt (01992 623012)

The Family Bike Club: The Old Bookstall, Enfield Chase Railway Stn., EN2 7AA
thefamilybikeclub.com (07814 634382 – Luke)

2. Potholes! 8379 2152/4 or write to L.B. Enfield, Highway Maintenance, 7 Melling Drive, Enfield, EN1 4BS www.fillthathole.org.uk

3. Celebs in the Saddle – No 65: Fabian Hamilton MP, Fred Sirieix, Frank Cotterell-Boyce, James May.

4. London Cycling Campaign. www.lcc.org.uk Membership Fees: Individual- 16+, employed is £49 pa. Concessionary - Full-time student <16 or 65+, or unemployed is £25. Household –two adults & <16s is £75. Member benefits include – shop discounts, rides, exclusive theft insurance, free third party insurance, legal helpline and quarterly mag.

5. Check out www.bike-events.com , email enquiries@bike-events.com or PO Box 3225 Bristol BS1 9JX or 01179 897080 for weekend charity rides and week-long Euro holidays.

6. Cycling UK: address: Parklands, Railton Rd, Guildford, GU2 9JX. Tel: 0844 736 8450 or 01483 238300. www.cyclinguk.org cycling@cyclinguk.org

7. All Ability Cycling – for adults with health issues in Enfield. Free, Monday 10-2pm at Bush Hill Park, Lincoln Rd. See all.ability@bikeworks.org.uk (Being run on behalf of LB of Enfield). See <https://journeysandplaces.enfield.gov.uk/get-going/all-ability-cycling-hub/>

8. Decathlon Stores offer recycling scheme - They have introduced a scheme to take your old worn out inner-tubes and tyres. Simply drop off at their cycle department.

9. Santander Hire Bikes - If you need to report an abandoned / stolen Santander hire bike, this can be done via the Santander Cycles app, or at the TFL Street Care website <https://streetcare.tfl.gov.uk/> or by email to abandonedtflcycle@tfl.gov.uk or by phone at 0343 222 6666. Remember to make a note of the bike's registration number to report!

10. Parks News - Enfield Town Park Café is still not open as of October. However Oakwood Park Café is cycle friendly.