



Edmonton Cycle Club

*Affiliated to Cycling UK
With Enfield Cycling Campaign*

Höst-Vinter 2024/5

Newsletter No. 90

Hello, we hope you have enjoyed riding with us this year. We have our Christmas social on 12th December at Winchmore Hill Social Club at 8pm. Our rides continue into November and December – see diary on the website. Future rides in January, February will depend on weather.

Safe cycling and a Happy Christmas and New Year to you all!

The Editors.

www.edmontoncycleclub.org

Birthday Bikers!

November: 18 Julian, 21 Wayne, 28 Pat.

December: 12 Paul J, 19 Tracey, 21 Morna, 28 Gerry.

Januari: 15 Angie, 31 Keiron.

Februari: 9 Stuart, 21 Cliff, 26 Bill.

Mars: 6 Martin, 10 Sujal, 18 Cathy, 23 Maz, Keeley, 28 Becky.

April: 8 Riza, 23 Birgitta, 29 Dave P, Nick.

In Memorium

We regret to inform members of the deaths of two original members from 1996:

Sally South of Enfield

Dave Skinner of Edmonton

Our deepest sympathy to their families.

ECC Frequent Flyers as at 1st July 24 31st Dec 24 are:

Bridget, Cathy, Jeff, Geoff, Maz, Paul, Pat, Peter, Richard, Stephen, Tim.

Advice and Request to Riders – Be Prepared!

Please, please have your bike in good order before you come to start a ride! Make use of your local bike shops (see page 8), and ensure your tyres, brakes, gears etc. are all checked. Bring spare inner tubes to suit, and basic tools. Don't forget you own kit too - prepare for the weather with clothes to suit the season, plus phone, money, water etc.!

ALSO – can ride leaders and backstops confirm they have each other's mobile numbers on their phones! Be ready to enjoy the ride! Thanks!

Diary of coming Rides and Events 2025

Venue **Winchmore Hill Sports Club**

The Paulin Ground, Ford's Grove, Winchmore Hill, London N21 3ER

what3words address is [///boot.issued.sands](https://www.what3words.com/#!/boot.issued.sands)

Club Meetings / Socials:

First Thursday of month at 8pm
prompt

Socials:

Third Thursday of month at 8pm

Jan 9, Feb 6, Mar 6, Apr 3, May 1,
Jun 5

Jan 16, Feb 20, Mar 20, Apr 17, May 15,
Jun 19

For details of the regular rides, please see the website at www.edmontoncycleclub.org or the “ECC Rides and Events” WhatsApp group.

Cycling With Confidence

Free adult cycling sessions for Enfield residents:

- Wide range of bikes & trikes to try out, with friendly support of qualified instructors
- Turn up at Bush Hill Park, Lincoln Rd, Enfield EN1 1PS
- Fridays 10.00 to 2.00pm until 30th August
- More info from mark.huggard@ageukenfield.org.uk (07824 845784)
- Sponsored by Enfield Age UK, TFL, and Enfield Council

Advertisement

Little Green Dragon Ale House

928 Green Lanes, Winchmore Hill

www.lgd-at-home.com

Finalist in CAMRA's Pub-of-the-Year 2024! Overall winner to be announced!

Tues-Thu 5-10pm, Fri, Sat, Sun 12-10pm (Closed Mon)

Cyclists welcome!

Advertisement

Flat Available to Let

For a short break / holiday in Santa Ponsa, Mallorca.

It's right by the sea, has fantastic views, and is easily reachable from the airport in Palma.

Very reasonable rates, available Now!

Contact ECC member Tim on 07719 349919 or

Email: timrhodes@blueyonder.co.uk

Ride Reports by "Our riders on the saddle"...

Saturday 1st June: North Weald Market

We assembled at Beggars Hollow, where we found the café had re-opened, and set off down Clay Hill towards the A10. After passing through Enfield Crematorium and Albany Park we headed for Enfield Island Village and Gunpowder Park. Riders had been warned that there would be some hills and we tackled the first of these as we made our way up Avey Lane. We then enjoyed a relatively flat and downhill section to Theydon Bois before encountering Piercing Hill as our next challenge. After passing through Epping Upland and Thornwood we arrived at North Weald Airfield with its busy Saturday Market. We also discovered that a D-Day memorial event was taking place so we were lucky enough to see some old second world war planes landing and taking off. Although the weather was dry and the forecast had promised warmish temperatures we hadn't counted on the strong winds which were particularly noticeable in the open surroundings of the airfield. Some decided to spend their time exploring the market, with copious examples of Essex bling, while most of us cycled around the airfield perimeter to Wings Café. Here the food was good but some mix ups over our orders resulted in a delay to our departure. On the way back we passed through Coopersale and Fiddlers Hamlet before heading back down to Theydon Bois. We managed to find a couple of hill challenges on the way back, noticeably the long trek up Coppice Row, but after this we enjoyed the downhill stretch of Mott Street before making our way home. Leader Geoff; Riders Angie, Bridget, Cliff R, Jeff, Maria, Michael, Paul L, Peter M, Sarah C, Sarah M, Tim; Backstop Rosa.

Sunday 9th June: Ware

The café at Beggars Hollow has reopened, but it took ten minutes to serve coffee as we gathered for the start of the ride. Still we managed to set off more or less on time as we rode the familiar route to Holy Cross Hill, Brickendon and Bayford. We came across a 'Road Closed' notice outside Hertingfordbury, but pushed on and found there was just enough room to squeeze past the roadworks. Then up Bramfield Road, across to Waterford and up (yet another) hill to Saccombe Road. Logically, this took us to Saccombe Park although we had to cross a very busy A602 first. Making our way along some quiet country lanes with buzzards flying above we made it to the old A10 and so into Ware. Here we stopped for lunch at a pavement cafe before returning via a shorter and flatter route through Stanstead Abbots and the Lee Valley, reaching the Enfield area about 3pm. About 39 miles. Leader Peter M; Riders Bridget, Jeff, Pat, Paul, Marion, Cliff (part of ride); Backstops Stephen, Rosa.

Sunday 16th June: Broxbourne Old Mill

A regular ride from Edmonton Leisure Centre, using Meridian Way, some towpath to Waltham Cross and into Lee Valley Park. Past the park farms to ascend Clayton Hill and ride west to the café, arriving about 12.30. Lunch outside in sunshine then the return route on back paths adjacent to the towpath as far as to Cheshunt railway bridge ramp. Onto the cycle path by the A10 to finish at the Hilly Fields music event at 3pm, with

sounds from the 60s and 70s. Leader Paul; Riders Geoff, Cathy, Debbie, Pat, Jeff, Richard, Cliff R; Backstop Karen.

Sunday 23rd June: Les Bailey Memorial Ride 1: Hertfordshire Circular

On a warm morning 14 of us set off from outside the Little Green Dragon and made our way towards Trent Park and Waggon Road. Here we took on another 3 riders before heading north towards Potters Bar and Brookmans Park. Shortly after passing through Welham Green we encountered our first puncture of the day and sorting this out threw up a few complications. As a result we had a lengthy delay before continuing on to Sandridge. Unbelievably, another bike then suffered a puncture and this time, after puzzling for some time over why no-one's pump seemed to be working, we discovered that the replacement inner tube also had a hole. Once sorted and back on route we soon moved on to quiet country lanes as we headed towards Ayot St Peter and Old Welwyn. We then made our way to Codicote and Spokes Café for lunch. Passing through a ford on the way gave some of us damp feet. We were now way behind schedule but decided to have a leisurely lunch anyway. Just before setting off we then found that the first puncture of the day had gone flat again! Luckily, being at Spokes, we could hand over to their workshop and they discovered that the problem was a spoke protruding through the wheel rim. When we eventually got on our way we had a fairly uneventful ride home passing through Tewin, Hertingfordbury, Bayford, Epping Green, Newgate Street and Cuffley. I haven't mentioned hills yet, but I can tell you there were quite a few. By the time we were back at the Little Green Dragon I think we all felt we had earned some liquid refreshment. Leader Geoff; Riders Bridget, Cliff N, Dave P, Imran, Jayne (part), Jeff, John (guest), Karl (part), Keeley, Paul L, Peter M, Richard N, Sarah M (part), Tim; Backstops Rosa, Stephen

Sunday 23rd June: Les Bailey Memorial Ride 2: High Beach (The tasty option)

Nine of us set off from the Coffee Break café, at a leisurely pace, waved off by Maz. Lead rider Chris and back stop Peter D. A couple of minor detours along the way but no incidents, some adjustments were made to Alans' steering by Peter D. (although I'm sure this was just to get extra points!). We all made it to the biker's café at High Beach, where we stopped for lunch, some ordering the baguettes which were too large for the average person to eat! We then set off for a 5 minute ride to the Church which satisfied our sweet tooth with their delicious cakes. After relaxing and gorging ourselves we set off for the downward leg of our ride to the Little Green Dragon to quench our thirst and enjoy the after ride memorial party.

Sunday 30th June: Kenwood

An overcast early morning start at 9am prompt from Coffee Break café, along the cycle path on the regular route by Palmers Green, Alexandra Palace, Hornsey and then stopped at Kenwood House and café for refreshments. A few of us visited the house to look at the paintings. We returned via Parkland Walk old railway line, back at 12. Leader Bridget, Riders Geoff, Cathy, Dave P, Bernie, Rosa, Daniel, Peter M (Part), Stephen, Paul, Richard and backstop Jeff.

Sunday 7th July: St Albans

We met at Oakwood station and set off in sun with few clouds, We took the Potters Bar to Welham Green route then on to Smallford and Sandridge for a brief stop where three riders left for other social engagements and to avoid the promised rain. Then on to St Albans city and the nice little Italian café where whilst eating our sarnies the rain started pelting down outside. We set off post lunch in the rain but after a short while it abated so we had our spirits lifted slightly only to be dashed by heavy rain around Galley Lane and a good soaking. Some took refuge in the Arkley pub while others decided they couldn't get any wetter and carried on home. Although we got soaked everyone had a fun time and found the drenching character building, A reviving hot shower and a rest were welcome after the ride. Leader Jeff; Riders Karl, Stephen, Jayne, Rosa, Richard, Pat, Sue.

Sunday 14th July Ace Café

A return trip to this iconic café which we first visited last November. Nine riders set out from the Coffee Break and followed a very convoluted route across north west London, basically riding parallel to, and north of, the A406 North Circular Road. We passed the StoneX Stadium in Mill Hill, some narrow paths around Hendon, skirted the Welsh Harp reservoir then through trading estates in Wembley to reach the Ace around midday. Here we settled down to some traditional British fry-ups while admiring the couple of hundred or so motor bikes parked outside. After lunch we followed another route, this time south of the A406, which took us through Dollis Hill, Willesden, Hampstead Garden Suburb and Muswell Hill before splitting for our separate homeward paths at Palmers Green. About 31 miles. Leader: Peter M; Riders: Debbie, Geoff, Jeff, Paul, Richard, Rosa, Tim; Backstop: Stephen.

Sunday 28th July: Wheathampstead

Nine of us assembled at Trent Park on a lovely warm morning and were pleasantly surprised when a new member turned up who had seen the ride publicised on our website. We were pleased to see the café open again, although prices seemed to have increased a bit. We set off along Cockfosters Road, up Waggon Road and on to Shenley. After skirting around St Albans and Sandridge the remainder of our outward journey was mainly along quiet country lanes which, in the hot temperatures, we took at a leisurely pace. We stopped for an hour in Wheathampstead and dispersed to sample the various food and drink options in the village. We then headed back along more country lanes towards Sandridge before making our way to Colney Heath, Potters Bar and back down Waggon Road. Here we said our goodbyes and went our separate ways home. Leader: Geoff; Riders: Chris, Jeff, Pat, Peter M, Richard N, Rosa, Siobhan; Backstop: Cathy C.

Sunday 4th August: Teddington

An early start for our second ever ride to Teddington, but an eventful one! We got the train to Blackfriars, changing at Finsbury Park, however two of the group missed the train at Finsbury Park but fortunately caught up with the rest at a café in Chelsea. Once we were back together, we cycled along the Thames path to Fulham, over Putney Bridge, continuing on the south side through Putney, Barnes, Chiswick to Kew Bridge,

where we went around Kew Gardens to Richmond, before rejoining the Thames Path along to Teddington lock. Here we left the river, going into Richmond Park, where we had our lunch stop in the sun. After lunch we left the park, crossed onto Wimbledon Common and made our way to the iconic windmill for our next stop. It was very interesting to read about its history, different windmills and their use. Our return route took us through Earlsfield, Wandsworth Common to Clapham Common. Here we joined the CS7 cycle path right the way back to Blackfriars for the train home to Winchmore Hill. It was a long day, but an enjoyable one. Leader Tim, Backstop Richard, Riders Geoff, Peter M, Imran, Paul, Pat.

Sunday 11th August: Lewis Ice Cream Farm

Meeting at Oakwood Park Café 10.30 for a first time brunch style setting. Riding off around 11.30 north east to Cockfosters, New Barnet, Monken Hadley on back roads then to Wood St and down Galley Lane to Lewis's. We enjoyed a cooling wide range of ices, with about 50 flavours on offer. Return ride through Monken Hadley, and some off road which we walked as the surface was very loose and repairs not complete. The ride ended back at Oakwood Park café. Leaders Bridget, Paul; Riders Peter D, Jeff, Sarah C, Debbie, Angie, Richard, Marion, Stephen; Backstop Peter M. At café only: Sue, Hal, Maz, John.

Sunday 18th August: Harlow Town Park

Seven riders set off from Beggar's Hollow and we picked up three more on route. After making our way through Gunpowder Park to Waltham Abbey we headed towards Upshire where we tackled Horseshoe Hill and Crown Hill. We then continued in the happy knowledge that we had completed the two most challenging climbs of the day. After a short spell along the Epping Road we turned north to Epping Green before forking right into the outskirts of Harlow. When we arrived at Harlow Park we found it busy with families enjoying the summer sun and settled down to a leisurely lunch at Spurriers House Café. Our return saw us pass through Roydon and cycle through Lee Valley Park where we were treated by Dave to some very welcome ice creams. After this we headed west to Cheshunt and back to Bullsmore Lane where we split up and went our separate ways. Leader: Geoff; Riders: Cliff R (part), Dave P, Debbie, Jeff, Mustafa, Pat, Paul L, Rosa; Backstop: Cathy C.

Sunday 1st September: Queens Wood and the Palmers Green Festival

The forecast was a bit worrying (thunderstorms) but it was fine and sunny as we met up at the Coffee Break and so it remained. Setting off down to Palmers Green, past the former house of the poet Stevie Smith (Not Waving but Drowning), through Arnos Park and Islington Cemetery before arriving at the café in Queens Wood. Here we had a break, while the café service was not the fastest the food and drinks were worth the wait. About midday we set off back through Ally Pally Park to Palmers Green where the ride ended, although some of us went on the Palmers Green festival in Broomfield Park. Here there were a variety of stalls featuring local community groups as well as food, drink and donkey rides. Leader Peter M; Riders Cathy, Colin, Dave P, David, Geoff, Marion, Paul, Stephen, Sue; Backstop Bridget.

Contact Information

Enfield Cycling Campaign –

info@enfieldcc.co.uk
www.enfieldcc.co.uk
info@betterstreets.co.uk

Paul L, ECC club info:

020 8808 3473 (before 9 pm only please)

Paul, ECC Rides Secretary, and assistant Maz:

eccridesec@hotmail.co.uk

ECC webmaster Peter: - Join email list via website

www.edmontoncycleclub.org

Southgate Cycling Club: (note new web address)

020 8372 1710

www.southgatecyclingclub.co.uk

London Cycling Campaign:

020 7234 9310 www.lcc.org.uk/lcc
email Office@lcc.org.uk

LCC Enfield:

http://lcc.org.uk/boroughs/enfield

CTC:

www.ctc.org.uk/services/work
email cycling@ctc.org.uk 0870 8730060

Sustrans National Cycle Network:

0845 113 0065 www.sustrans.org.uk
email info@sustrans.org.uk

Cycle Enfield: Free “Dr. Bike” checks, cycle loans, free training, leisure rides, cycle maintenance.

www.cycleenfield.co.uk
020 3031 6730

Free inclusive cycling at Mon 10.00-2.00pm, Bush Hill Park.

email cycle@enfield.gov.uk

Booking and registration on this number:

020 8379 2445

Training:

www.cycletraining.co.uk 020 7582 3535

Register your bike for free

www.immobilise.com

Report bike theft to police online:

https://online.met.police.uk

Canals:

www.waterscape.com

Cycle Route Planner

www.cyclestreets.net

Blue Cycle Training – learn to ride a bicycle

www.bluecycletraining.co.uk
07949 191141

Club Merit Points

The points scheme for 2024 is:

First time ride leader 15 pts; Regular ride leader 10 pts; Back-stop 8 pts;

Peloton rider 5 pts; Part ride 2 or 1 pts; Meeting 4 pts; Social Meeting 4 pts;

Club Meal 4 pts, Bike Aid or First Aid 2 pts.

2024 Latest as of 21st Nov 2024:

309 Peter M, 303 Geoff, 259 Paul L, 219 Cathy, 164 Bridget, 151 Jeff, 151

Richard, 146 Pat, 137 Tim, 132 Stephen, 103 Rosa, 94 Debbie, 59 Imran, 54

Marion, 45 Adrian, 45 Sue, 43 Dave P, 43 Karen, 42 Dave W, 42 Deirdre, plus

c30 others.

Please Note:

If you wish to receive this newsletter by post, please send SAEs to: Paul at 2 Mayfair Gardens, Tottenham N17 7LP.

If you wish to resign, or not to receive the printed newsletter, please tell Paul by phone, letter, or in person.

1. Services:

AutoStore Motor Factors, 755 Green Lanes, Winchmore Hill, N21 3FA (020 8360 3622) www.autostoreonline.co.uk

Bikes For Good Causes 350 High Rd Wood Green N22, 020 8888 1005

Bikes R Us Mobile service / repairs – petebikesRus@hotmail.com (07949 066889)

The Cycle Store, 201 Woodhouse Rd, Friern Barnet N12 (020 7249 2200)

Decathlon – outdoor / cycle On A406 at Corktree Retail Park, Chingford E4 8JA

Halfords, Unit 3, Great Cambridge Road, Enfield (020 8366 0787)

Hancocks 10 Cadmore Ln, Cheshunt (01992 623922)

John's Cycles – 17 Greenhill Parade, Barnet EN5 1EU www.johnscycles.co.uk

Mac's, 77 Ordnance Road, Enfield (020 8292 5799)

North London Autocycles, 29 Gt Cambridge Road, Tottenham N17. (020 8801 6996)

The Rockstone Cycling Hub 335 Lordship Ln, Tottenham N17 (020 8808 0203)

Stanley Bridge 11 Newnham Parade, College Rd, Cheshunt (01992 623012)

The Family Bike Club: The Old Bookstall, Enfield Chase Railway Stn., EN2 7AA thefamilybikeclub.com (07814 634382 – Luke)

2. Potholes! 8379 2152/4 or write to L.B. Enfield, Highway Maintenance, 7 Melling Drive, Enfield, EN1 4BS www.fillthathole.org.uk

3. Celebs in the Saddle – No 63: Paddy McGuinness on chopper!, Sophie, Duchess of Edinburgh, Dr Zoe Williams, Dame Kelly Holmes, Samantha Harvey.

4. London Cycling Campaign. www.lcc.org.uk Membership Fees: Individual- 16+, employed is £49 pa. Concessionary - Full-time student <16 or 65+, or unemployed is £25. Household –two adults & <16s is £75. Member benefits include – shop discounts, rides, exclusive theft insurance, free third party insurance, legal helpline and quarterly mag.

5. Check out www.bike-events.com, email enquiries@bike-events.com or PO Box 3225 Bristol BS1 9JX or 01179 897080 for weekend charity rides and week-long Euro holidays.

6. Cycling UK: address: Parklands, Railton Rd, Guildford, GU2 9JX. Tel: 0844 736 8450 or 01483 238300. www.cyclinguk.org cycling@cyclinguk.org

7. All Ability Cycling – for adults with health issues in Enfield. Free, Monday 10-2pm at Bush Hill Park, Lincoln Rd. See all.ability@bikeworks.org.uk (Being run on behalf of LB of Enfield). See <https://journeysandplaces.enfield.gov.uk/get-going/all-ability-cycling-hub/>

8. Decathlon Stores offer recycling scheme - They have introduced a scheme to take your old worn out inner-tubes and tyres. Simply drop off at their cycle department.

9. Santander Hire Bikes - If you need to report an abandoned / stolen Santander hire bike, this can be done via the Santander Cycles app, or at the TFL Street Care website <https://streetcare.tfl.gov.uk/> or by email to abandonedtflcycle@tfl.gov.uk or by phone at 0343 222 6666. Remember to make a note of the bike's registration number to report!

10. Parks News - Cafes have reopened at Oakwood, Trent, and Whitewebbs Parks. (Not yet Enfield Town). Bush Hill Park has newly opened separate cycle paths.