



Edmonton Cycle Club

*Affiliated to Cycling UK
With Enfield Cycling Campaign*

Summer 2024

Newsletter No. 89

Hello and welcome to the summer issue. Check our website for coming rides. We've just had two successful fundraising rides for North London Hospice on the Third Les Bailey memorial rides on 23rd June. We raised £875 for NLH and £250 for the club. There will be a presentation on Thursday 12th September at the Winchmore Hill Sports Club (7.30 for 8.00pm).

We hope to see you riding this summer!

The Editors.

www.edmontoncycleclub.org.

Summer Birthday Bikers!

Juin: 6 Debbie, 11 Helen, 15 Hyacinth, 17 Liz, 23 Michèle, 28 Marion.
Juillet: 5 Karen, 6 Jane, 21 Geoff.
Août: 2 Mel, 10 Jane, 13 Hayley, 16 Peter M, 20 Paul, Andy, Peter D, 26 Colin, Denise, 31 Sarah M.
Septembre: 3 Rosa, 9 Chris, 12 Chris W, 25 Tim, 27 Hal.

Welcome to new members

Adrian, John, Tracey.

ECC Frequent Flyers as at 1st July 24 are:

Bridget, Cathy, Jeff, Geoff, Maz, Paul, Pat, Peter, Richard, Stephen, Tim.

Advice and Request to Riders - Be Prepared!

Please, please have your bike in good order before you come to start a ride! Make use of your local bike shops (see page 8), and ensure your tyres, brakes, gears etc. are all checked. Bring spare inner tubes to suit, and basic tools. Don't forget you own kit too - prepare for the weather with clothes to suit the season, plus phone, money, water etc.!

ALSO - can ride leaders and backstops confirm they have each other's mobile numbers on their phones! Be ready to enjoy the ride! Thanks!

Diary of coming Rides and Events 2024

Club Meetings / Socials:
First Thursday of month at 8pm
prompt

Socials:
Third Thursday of month at 8pm

Venue – a new venue is To Be Advised.

1 Aug, 5 Sept, 3 Oct, 7 Nov, 5 Dec.

15 Aug, 19 Sept, 17 Oct, 21 Nov, Dec TBC.

For details of the regular rides, please see the website at www.edmontoncycleclub.org or the “ECC Rides and Events” WhatsApp group.

Cycling With Confidence

Free adult cycling sessions for Enfield residents:

- Wide range of bikes & trikes to try out, with friendly support of qualified instructors
- Turn up at Bush Hill Park, Lincoln Rd, Enfield EN1 1PS
- Fridays 10.00 to 2.00pm until 30th August
- More info from mark.huggard@ageukenfield.org.uk (07824 845784)
- Sponsored by Enfield Age UK, TFL, and Enfield Council

Advertisement

Little Green Dragon Ale House
928 Green Lanes, Winchmore Hill
www.lgd-at-home.com
Cyclists welcome!

Advertisement

Flat Available to Let

For a short break / holiday in Santa Ponsa, Mallorca.
It's right by the sea, has fantastic views, and is easily reachable from the airport in Palma.
Very reasonable rates, available Now!
Contact ECC member Tim on 07719 349919 or
Email: timrhodes@blueyonder.co.uk

Ride Reports by "Our riders on the saddle"...

Sunday 28th January: Elstree Aerodrome

After making a chilly start from a closed Trent Park Café the sun appeared and we all got warmer as we pedalled up Waggon Road. After crossing the Horse Bridge at the end of Trotters Bottom we made our way through the quiet country lanes surrounding Ridge towards Shenley Park. We passed the Orchard Café without stopping and enjoyed the downhill drop towards Radlett. From here we headed up Loom Lane and down to Aldenham Road for the final stretch to Elstree Aerodrome. We found tables in the crowded café and enjoyed lunch whilst observing the aircraft and helicopter activity outside. We took a shorter route back passing through Elstree and Borehamwood before cycling up Galley Lane to The Arkley. Here we said our goodbyes and split into smaller groups to make our way home. Leader Geoff; Riders Debbie, Jeff, Pat, Peter M, Stephen, Sue; Backstop Cathy C.

Sunday 4th February: Copped Hall Snowdrops

A mild winter's day and our first start from Halfway House Enfield. It was an early start at 9:00am eastbound to Lee Valley, Avey Lane, towards Upshire and the hill of the day. Taking a left turn into Copped Hall estate by grand gates, down a rough track to the house. After paying for entrance most had a tea or coffee plus cake in the former racquets court, now a café! Then a glorious self-guided map tour of extensive gardens and snowdrops display, some of which were for sale. Then lunch before return ride 1:20, delayed by a lost glove which was found at entrance gate. The ride into a west wind arrived back in Enfield by 2.15. Leader Bridget; Riders Paul, Stephen, Debbie, Geoff, Richard, Jeff, Deirdre, Sue, Rosa, John, Adrian, Cliff; Backstop Cathy.

Sunday 11th February: Abridge

A bright start from Coffee Break café in Winchmore Hill, eastwards to Edmonton, Chingford, Woodford, Loughton and over the M11 by Chigwell. Then along the A113 to Abridge for lunch at Boardelis café. Returning over bridge across the swollen Roding river onto Theydon Bois, High Beach, North Enfield and back to the Coffee Break about 2.30pm. Leader Jeff; Riders Geoff, Bridget, Stephen, Pat, Paul, Rosa, Tim, David, Debbie, John, Cliff R; Backstop Peter M.

Sunday 18th February: Hatfield House

Cancelled due to rain.

Sunday 25th February: God's Own Junkyard

A dry start from the Coffee Break café, east to Edmonton, Meridian Way, the Lea Valley and Walthamstow Wetlands. From here we rode past the Pumphouse Museum (without stopping: we did visit here last November), across Hoe St to God's Own Junkyard at 11.30. Although the food selection was limited, we did enjoy some cakes and scones while viewing the dazzling neon lights and quirky antiques. Returning through Lea Valley at Blackhorse Lane and finishing up at Edmonton Leisure Centre. Leader Paul; Riders Geoff, Cathy, Adrian, Richard, Pat, Debbie, Peter M, David; Backstop Karen.

Sunday 3rd March: Woodberry Wetlands

Fourteen of us left Coffee Break promptly at 9.45 and cycled through Palmers Green and on to Ally Pally, where we encountered our first hill, up through the park and onto the first part of the Parklands Walk around Muswell Hill. This off road section was a little muddy after all the rain of the previous days but we got through it ok, passing walkers and dogs en route. We then climbed our second and last hill up to Highgate Station and onto the second section of the Parkland Walk, equally muddy. We rode through Finsbury Park and round to the Wetlands café, where we enjoyed our refreshments in the sun. For our return we headed over through Stamford Hill to Springfield Park where we had an enforced stop because of a puncture. Once the inner tube was replaced we rode back through the Walthamstow Wetlands and back to Edmonton, where the ride finished and riders dispersed. It was a very pleasant, but occasionally muddy ride in the sun, meaning all our bikes needed a good clean on our return! Leader: Tim; Riders: Cathy, Marion, Pat, Deirdre, Karen, Paul, Geoff, Stephen, Imran, Dave P, Richard, Adrian; Backstop: Peter M.

Saturday 9th March: Bumpkin, Tewin

Welcomed the peloton as they arrived at Beggars Hollow, most sporting bright yellow, set off down Clay Hill and on our way past Forty Hall to Maidens Bridge on to Bulls Cross, the bike is purring. Stephen is back stop for the outward journey and the sun is shining, we took on hills alongside Cheshunt golf course and on to Paradise Lane and Holy Cross Hill. We have a breather and drink after climbing, we get to Brickendon and more picturesque scenery village ponds at Bayford, church at Hertingfordberry then a sharp left towards Cole and Letty Green and across a major road and downhill to the vicinity of Tewin another cheeky little hill as you get into Tewin where we went to Bumpkins in the sunshine with the braying of horses. Tea cakes, omelette and fry ups were consumed with beverages, Team photo then back on the road back the way we came till we headed west to Essendon via the hill, jelly beans were munched then onwards in ever darkening skies to Brookmans Park and then Potters Bar and the ever popular Coopers lane we coasted down there to Cattlegate Road past Crews Hill golf club and down back to Beggars Hollow and after saying our farewells home for a rest. Leader Jeff; Riders Pat, Rosa, Geoff, Cathy, David, Cliff of Waltham, Cliff, Keeley, Richard, Peter M; Backstop Stephen

Sunday 17th March: Southend Farm Lakes

The forecast was rain up to 10am, drier by 11am. So the leader took a late decision to delay the start until 10:30. This was looking dubious, as by 10:15 it was still hammering down but as if by magic it eased off at 10:30. By then eight of us had gathered at Beggars Hollow, and we set off along a fairly familiar route involving Goat Lane, the A10, Albany Park and Gunpowder Park. We picked up another couple of riders along the way, as we approached Southend farm by the back route along Honey Lane. At the farm we met with another rider, and settled down to an early lunch which seemed to largely comprise bacon sandwiches. The return ride proved rather eventful: barely had we left the grounds before we stopped for puncture number 1. After fixing this we rode on to Avey Lane and back through Gunpowder Park to the Prince of Wales Open Space, where punctures number 2 and 3 occurred in quick succession. Undaunted, we fixed these

(eventually! - one road bike tyre proving exceptionally difficult to remove and replace!) and continued towards Enfield, with various riders peeling off along the way to find their most convenient route home. Overall, it must be a record for the slowest return from Southend Farm, taking about 2.5 hours. Leader Peter M; Riders Adrian, Tim, Richard, Cliff of Waltham, Pat, Debbie, Stephen, Paul, Geoff; Backstop Cathy

Sunday 24th March: Hatfield House

13 riders assembled at Trent Park suitably attired for a dry but cold and windy morning. After making our way through Potters Bar and up to Welham Green we made a brief stop to sort out a puncture before continuing uneventfully to our destination. At Hatfield House we sat outside in the sun to enjoy our lunch and some followed this with an exploration of the courtyard. The ride home took us back to Welham Green before heading towards Brookmans Park and Monken Hadley. We went our separate ways at the bottom of Beech Hill with some returning via Trent Park and others heading up Ferney Hill towards the Ridgeway. Leader Geoff; Riders Adrian, Bridget, Deirdre, Jeff, Marion, Paul L, Peter M, Richard, Stephen, Tim, Michael; Backstop Cathy C.

Sunday 7th April: Stanstead Abbots

Riding from Edmonton Green on cycle paths north via Brimsdown, Lee Valley, Clayton Hill, past the sailing club to Dobbs Weir, Rye House nature reserve to Stanstead Abbots café. Return on Hoddesdon Rd and Lee Valley to Broxbourne, Cheshunt and the A10 cycle path to the Enfield area. About 35 miles. Leader Paul; Riders Marion, Debbie, Richard, Cliff R, Geoff, Mustafa, Neeraj; Backstop Peter M..

Sunday 14th April: Bricket Wood

Despite the closed cafe and the unlucky rider count of 13, we met in buoyant spirits at Trent Park for a repeat of last year's ride to Bricket Wood. We set off up Waggon Road, where sadly one rider had to pull out due to mechanical problems, and across to the A1 horse bridge. From here we rode in stately progression through Shenley, greatly enjoying the thrill of descending Black Lion Hill. The final outward leg took us to along a pretty riverside lane to some underwater stepping stones across the river Ver. We waited here a few minutes so as not to arrive early at the pub, before making our way up to the Gate in Bricket Wood. The weather was becoming quite spring like as we sat outside with our delicious pizzas. Returning via the Picture House, Aldenham Village, Letchmore Heath and Borehamwood, we finished up at the top of Galley Lane in Arkley. From here the riders dispersed to take their separate ways home. Total distance about 30 miles. Leader Peter M; Riders Adrian, Angie, Birgitta, Geoff, Imran, Marion, Neeraj, Paul, Richard, Rosa; Backstops Pat, Sue

Sunday 21st April: Hertford

On a dry and sunny but not particularly warm morning, eight of us set off from Beggars Hollow and made our way past Forty Hall towards the A10 where we picked up another rider. From here we headed towards Cheshunt after which we were cycling mainly on country lanes as we skirted around Hoddesdon and on to Hertford. At Hertford we sourced food and drinks from various outlets, mainly Greggs, and sat outside to enjoy our lunch. The return journey saw us pass through Hertfordingfordbury, Letty Green and Essendon before hitting Brookmans Park and Potters Bar. We finished by cycling down

Coopers Lane Road and through Crews Hill back to Beggars Hollow. An enjoyable ride in spite of (or because of?) the hills. Leader Geoff; Riders Bridget, Debbie, Deirdre, Jeff, Richard N, Rosa, Stephen; Backstop Cathy.

Sunday 5th May: Queens Wood

While several members were abroad exploring the hills of Holland, a select group joined this half day ride out to Queens Wood, Highgate. We met at the Coffee Break and rode around the back of Palmers Green to Arnos Park, then across New Southgate and through the Islington and Camden Cemetery in East Finchley. We finished up at the back of Muswell Hill and so into Queens Wood, where we stopped at the delightful café there. Return by the familiar route past Ally Pally and Palmers Green to Winchmore Hill by about 1pm. We were lucky with the weather, which was at last beginning to show signs of Spring, although of course this meant all the shared pedestrian/cyclist paths were thronging! The leader was experimenting three route trackers running simultaneously, and these recorded distances of 13.2, 13.4 and 13.9 miles. So let's say about 13½ miles. Leader Peter; Riders Debbie, Rosa, Marion, John F.

Sunday 19th May: High Beach motorbikers' café then tea and cakes at the church

A relaxing late morning ride from Edmonton Leisure Centre eastward to Chingford on cycle path by A406. Then on side roads and through a woody glade to Queen Elizabeth I hunting lodge. A short tarmac road ride to Fairmead Road in the forest which took us to the motorbikers' café by lunchtime. Here we enjoyed some traditional fry-ups in a nice sunny and shady seating area. Suitably fortified, a short five minute ride took us to Holy Innocents' church for tea and cakes around 2pm. The return ride at about 3pm was by Mott Street, Enfield Island Village, Green Street, and the A10 cycle track to the Enfield area, where we split off home. Leader Paul; Riders Jeff, Hal, Sarah, Debbie, Imran, Dave, Bernie, Stephen, Cliff R, Ben, Colin; Backstop Bridget. We were also joined by Tim and his daughter for part of the ride.

Sunday 26th May: Greenwich

Ten of us gathered in Edmonton for our ride to Greenwich. The start was slightly delayed because of a short rain shower, and as we were about to set off the ride leader discovered he had a puncture. Twenty minutes later, we set off and rode down to the River Lea, along the towpath to Victoria Park, through the park and onto the Regents Canal, down to the Thames Path, which we followed to Island Gardens. Unfortunately the lifts weren't working, so we locked up our bikes, walked through the foot tunnel and spent an hour having lunch in Greenwich Market, most enjoying good old pie and mash. Our ride back took us an alternative route to the one planned, as the Ride London event had led to road closures. We went back along the Thames Path then along the Limehouse Cut to the River Lea. From there we cycled through the Olympic Park and along the river to the Walthamstow Wetlands and back to Edmonton, stopping briefly for a well-deserved ice cream. Leader: Tim, Riders: Paul, Geoff, Cathy, Adrian, Imran, Stephen, Rosie, Rosa, Backstop: Debbie.

Contact Information

Enfield Cycling Campaign –

info@enfieldcc.co.uk
www.enfieldcc.co.uk
info@betterstreets.co.uk

Paul L, ECC club info:

020 8808 3473 (before 9 pm only please)

Paul, ECC Rides Secretary, and assistant Maz:

eccridesec@hotmail.co.uk

ECC webmaster Peter: - Join email list via website

www.edmontoncycleclub.org

Southgate Cycling Club: (note new web address)

020 8372 1710
www.southgatecyclingclub.co.uk

London Cycling Campaign:

020 7234 9310 www.lcc.org.uk/lcc
email Office@lcc.org.uk

LCC Enfield:

<http://lcc.org.uk/boroughs/enfield>

CTC:

www.ctc.org.uk/services/work
email cycling@ctc.org.uk 0870 8730060

Sustrans National Cycle Network:

0845 113 0065 www.sustrans.org.uk
email info@sustrans.org.uk

Cycle Enfield: Free “Dr. Bike” checks, cycle loans, free training, leisure rides, cycle maintenance.

www.cycleenfield.co.uk
020 3031 6730

Free inclusive cycling at Mon 10.00-2.00pm, Bush Hill Park.

email cycle@enfield.gov.uk

Booking and registration on this number:

020 8379 2445

Training:

www.cycletraining.co.uk 020 7582 3535

Register your bike for free

www.immobilise.com

Report bike theft to police online:

<https://online.met.police.uk>

Canals:

www.waterscape.com

Cycle Route Planner

www.cyclestreets.net

Club Merit Points

The points scheme for 2024 is:

First time ride leader 15 pts; Regular ride leader 10 pts; Back-stop 8 pts; Peloton rider 5 pts; Part ride 2 or 1 pts; Meeting 4 pts; Social Meeting 4 pts; Club Meal 4 pts, Bike Aid or First Aid 2 pts.

2024 Latest as of 30 June 2024:

166 Peter M, 158 Geoff, 147 Paul L, 124 Cathy, 87 Jeff, 85 Bridget, 82 Tim, 81 Stephen, 79 Pat, 71 Richard, 69 Rosa, 64 Debbie, 45 Adrian, 38 Karen, 37 Imran, 35 Cliff R, 34 Marion, 22 Dave P, 22 Dave W, 22 Deirdre, plus others.

Please Note:

If you wish to receive this newsletter by post, please send SAEs to: Paul at 2 Mayfair Gardens, Tottenham N17 7LP.

If you wish to resign, or not to receive the printed newsletter, please tell Paul by phone, letter, or in person.

1. Services:

AutoStore Motor Factors, 755 Green Lanes, Winchmore Hill, N21 3FA (020 8360 3622) www.autostoreonline.co.uk

Bikes For Good Causes 350 High Rd Wood Green N22, 020 8888 1005

Bikes R Us Mobile service / repairs – petebikesRus@hotmail.com (07949 066889)

The Cycle Store, 201 Woodhouse Rd, Friern Barnet N12 (020 7249 2200)

Decathlon – outdoor / cycle On A406 at Corktree Retail Park, Chingford E4 8JA

Halfords, Unit 3, Great Cambridge Road, Enfield (020 8366 0787)

Hancocks 10 Cadmore Ln, Cheshunt (01992 623922)

John's Cycles – 17 Greenhill Parade, Barnet EN5 1EU www.johnscycles.co.uk

Mac's, 77 Ordnance Road, Enfield (020 8292 5799)

North London Autocycles, 29 Gt Cambridge Road, Tottenham N17. (020 8801 6996)

The Rockstone Cycling Hub 335 Lordship Ln, Tottenham N17 (020 8808 0203)

Stanley Bridge 11 Newnham Parade, College Rd, Cheshunt (01992 623012)

The Family Bike Club: The Old Bookstall, Enfield Chase Railway Stn., EN2 7AA thefamilybikeclub.com (07814 634382 – Luke)

2. Potholes! 8379 2152/4 or write to L.B. Enfield, Highway Maintenance, 7 Melling Drive, Enfield, EN1 4BS www.fillthathole.org.uk

3. Celebs in the Saddle – No 62: Sir Ed Davey, Robert Elms, Paddy O'Connell, Anneliese Dodds, Adam Schoon, Gordon Ramsey, Lord Sugar.

4. London Cycling Campaign. www.lcc.org.uk Membership Fees: Individual- 16+, employed is £49 pa. Concessionary - Full-time student <16 or 65+, or unemployed is £25. Household –two adults & <16s is £75. Member benefits include – shop discounts, rides, exclusive theft insurance, free third party insurance, legal helpline and quarterly mag.

5. Check out www.bike-events.com, email enquiries@bike-events.com or PO Box 3225 Bristol BS1 9JX or 01179 897080 for weekend charity rides and week-long Euro holidays.

6. Cycling UK: address: Parklands, Railton Rd, Guildford, GU2 9JX. Tel: 0844 736 8450 or 01483 238300. www.cyclinguk.org cycling@cyclinguk.org

7. All Ability Cycling – for adults with health issues in Enfield. Free, Monday 10-2pm at Bush Hill Park, Lincoln Rd. See all.ability@bikeworks.org.uk (Being run on behalf of LB of Enfield). See <https://journeysandplaces.enfield.gov.uk/get-going/all-ability-cycling-hub/>

8. Decathlon Stores offer recycling scheme - They have introduced a scheme to take your old worn out inner-tubes and tyres. Simply drop off at their cycle department.

9. Santander Hire Bikes - If you need to report an abandoned / stolen Santander hire bike, this can be done via the Santander Cycles app, or at the TFL Street Care website <https://streetcare.tfl.gov.uk/> or by email to abandonedtflcycle@tfl.gov.uk or by phone at 0343 222 6666. Remember to make a note of the bike's registration number to report!

10. Parks News - Cafes have reopened at Oakwood, Trent, and Whitewebbs Parks. (Not yet Enfield Town). Bush Hill Park has newly opened separate cycle paths.