



Edmonton Cycle Club

*Affiliated to Cycling UK
With Enfield Cycling Campaign*

*Summer-Autumn
2023*

Newsletter No. 87

Hello all! Sorry for the delay, but have we been busy this summer! Hope you have enjoyed our ride programme. We also had the second Les Bailey memorial ride in June. This raised a brilliant £740 for North London Hospice.

Our Autumn rides continue, see the diary on the website. We welcome ideas for future rides. Take a look at the services on Page 8 to keep you on your bike.

We hope to see you soon!

The Editors.

www.edmontoncycleclub.org.

Summer - Autumn Birthday Bikers!

Juillet: 6 Jane B, 21 Geoff.

Auôt: 2 Mel, 13 Hayley, 16 Peter M, 20 Paul, Andy, Peter D, 26 Denise, Colin, 31 Sarah M.

Septembre: 3 Rosa, 9 Chris L, 12 Chris W, 16 Graham, 20 Jill, 25 Tim, 26 Bernie, 27 Hal.

Octobre: 5 Jayne, 9 Karl, Terry, 16 Ian, 30 Cathy C, 31 Angela.

Novembre: 18 Julian, 21 Wayne, 28 Pat.

Welcome to new members

Vimal, Michael, Jamie, Punitiva, Shabaz, Mike, Luke, Mustafa, Alan.

Advice and Request to Riders – Be Prepared!

Please, please have your bike in good order before you come to start a ride! Make use of your local bike shops (see page 8), and ensure your tyres, brakes, gears etc. are all checked. Bring spare inner tubes to suit, and basic tools. Don't forget you own kit too - prepare for the weather with clothes to suit the season, plus phone, money, water etc.!

ALSO – can ride leaders and backstops confirm they have each other's mobile numbers on their phones! Be ready to enjoy the ride! Thanks!

Diary of coming Rides and Events 2023

Club Meetings / Socials:
First Thursday of month at 8pm
prompt

Socials:
Third Thursday of month at 8pm

Normal venue: Winchmore Hill Sports Club pavilion, The Paulin Ground, Fords Grove, Winchmore Hill N21 3ER.

2 Nov – AGM, 7 Dec – Social
4 Jan 2024, 1 Feb, 7 Mar, 4 Apr.

16 Nov, 7 Dec Christmas Special
18 Jan 2024, 15 Feb, 21 Mar, 18 Apr

For details of the regular rides, please see the website at www.edmontoncycleclub.org or the “ECC Rides and Events” WhatsApp group.

Advertisement

Little Green Dragon Ale House
928 Green Lanes, Winchmore Hill
www.lgd-at-home.com
Cyclists welcome!

Ride Reports by “Our riders on the saddle”...

Sunday 25th June: Les Bailey Memorial Ride

Two tribute rides took place for our annual fundraising event:

Chipperfield Ride Leader Geoff, Riders Andy, Angie, Becky, Cliff N, Deirdre, Jeff, Keeley, Michael, Paul L, Rosa, Imran, Paul J, Ausilia, backstop Peter M.

High Beach Leader Maz, Karen, Michele, Hayley, Morna, Cathy, Debbie, Chris, Sarah C, Angela, backstop Peter D.

Upon return back at the Little Green Dragon at the planned time, the two rides - ‘Chipperfield’ and ‘tea and cakes’ – met at literally the same time. A wonderful evening ensued with plenty to eat and drink, and of course we all raised a glass to the great Les Bailey who made such an immense contribution to our club. He will never be forgotten.

The rides raised £250 for the club, plus a whopping £740 for the North London Hospice. Special thanks to Pat and Rachel for the delicious cakes which awaited us on our return.

Sunday 9th July: The Ice Cream Ride

We met at the Coffee Break and set off initially down the Green Lanes cycle path, across the A406 and along to Alexandra Palace. The first hill of the day took us up to Muswell Hill and the Parkland Walk, where the number of dog walkers meant progress was slow! Then we went across to Cherry Tree Woods, where being law abiding citizens we all walked our bikes through the "No Cycling" park, up through East Finchley along what Barnet Council consider to be adequate cycle provision and into Stephens House and Gardens. Here we stopped for a coffee and bite before carrying on up the Dollis Valley Way and past the Barnet Physic Well, and the second hill of the day with a maximum gradient of 10%. After that we coasted down Galley Lane to a well-deserved ice cream. Some of us (naming no names but you know who you are) managed three scoops. The return was via a more direct route through Barnet, Oakhill Park and on to our various home destinations. Leader Peter M, Riders Cliff, Keeley, Paul L, Peter D, Tim, Backstop Pat

Sunday 16th July: The Alternative Southend Ride

Eleven of us set off from Enfield Town Park for a ride to Southend Farm fishing lakes in Upshire. This was a shortish, last minute ride, planned as an 'alternative Southend ride' as quite a few club members were taking part in the official 50 mile London to Southend ride. We rode to Ponders End, then up the River Lea towpath, through Gunpowder Park, where we were joined by another club member, before cycling up part of Avey Lane before dropping down to the lakes, where we spent a very pleasant hour at the café. The route back took us to Waltham Abbey, down the towpath to Enfield Lock, then west to Forty Hill and back into Enfield. The weather was nice, though in the return journey we had to contend with a strong wind. Leader Tim,. Riders: Peter M, Pete D, John, Vimal, Hal, Cathy, Karen, Rosa, Rachel, Backstop Pat.

Thursday 20th July: Evening Social Ride

For our social in July, we decided to celebrate the lighter evenings by combining it with an evening ride. We met at Trent Park and rode off up Beech Hill to Barnet, then Kitts End Road and Baker Street to Potters Bar and on to Brookmans Park, where some were disappointed that we weren't stopping at the Brookman pub. But no, on we went down Bradmore Lane and along Warrengate Road to the Woodman Inn at Water End. Here they were a little overwhelmed by the arrival of a dozen cyclists, and the service was slow, but once food arrived it was very good. The beer, too, was well kept although the real ale pumps were a little hard to find! We left just as it was getting dark and rode back down the A1000 cycle lane, through Ridge and up Galley Lane to Arkley where we split for our various homeward destinations. Leader Peter M, Riders Andy, Bridget, Geoff, Janine. John, Maz, Morna, Paul. Peter D, Rosa. Backstop Chris.

Sunday 23th July: Tea and Cakes at High Beach

A sunny Sunday for once from Edmonton Leisure Centre east via South Chingford, riding on back roads near river Ching. A slow climb up with a stop for the leaders chain problem, fixed thanks to Peter D. Then another rider suffered a rear puncture. We made a brief stop by Butlers Café near Queen Elizabeth I hunting lodge before riding by Rangers Road, Fairmead Road to the motor bikers' café at High Beach. After lunch it

was on to Holy Innocents Church for tea and cake, where we were joined by some other members plus dogs. The return trip was via Hilly Fields, where some stayed to hear the live concert there. Leader Paul, Riders Peter M, Peter D, Karen, Marion, Geoff, Backstop Rosa. At the church Maz, Bridget, Michelle and four (seemed like more) dogs.

Sunday 30th July: Wheathampstead

Eleven of us assembled at Trent Park Café and embarked on what turned out to be a ride of two halves. On the outward journey we cycled in near perfect conditions and even saw an odd glimpse of the sun. After riding up Beech Hill to avoid the long running road closure in Dancers Hill Road we made our way through Shenley and the outskirts of St. Albans before taking country lanes leading into Wheathampstead. Here we split into groups to explore the village and take lunch at various eating establishments before meeting back for the ride home. Black clouds were already collecting in the sky and, as we feared from the weather forecasts, we all got a thorough drenching as we made our way back through Sandridge, Colney Heath, Water End and Potters Bar. In spite of the weather we all agreed it had been an enjoyable day. Leader Geoff, Riders Bridget, Jeff, John F, Pat, Paul L, Pete D, Rosa, Tim, Backstop Cathy.

Sunday 6th August: Teddington

A ride with a difference today, as twelve of us got the train to Blackfriars and cycled to Teddington and back, going through 10 London Boroughs in the process. We set out along the Embankment, past the Houses of Parliament, Westminster Abbey, the Tate Britain, wending our way through Chelsea and Fulham to Putney Bridge, where we crossed the Thames. We got onto the Thames Path, cycling all the way round to Teddington Lock, coming off the path only to pass Kew Gardens. Arriving in Teddington, we had lunch in a pub by the river or a cafe in town before heading back. The return route took us through Ham, Richmond Park and Wimbledon Common. We stopped for photos at the Windmill on the common, prompting a short rendition of the Wombles theme!! We continued through Wimbledon Park, on back roads to Clapham Common, then back to Blackfriars on the super highway CS7. We were lucky to enjoy good weather throughout. It was a long day but a very enjoyable one, and a new route for the club. Leader: Tim; Riders: Paul, Peter D, Geoff, Vimal, Jeff (part way), Michael, Cathy, Sue, Debbie, Rosa, Sarah. Backstop: Cathy.

Saturday 12th August: Hitchin Lavender Farm

Seven of us met at 9:30 at Enfield Chase train station to take the Great Northern Service (30 min) to Watton at Stone. Opting for a group ticket the fare has been surprisingly low. Once arrived in Watton at Stone the group set off to cycle on quiet roads along the idyllic Hertfordshire countryside with rolling fields of grass, grain and cattle dotted with quaint little villages. The 30-mile journey at a swift pace led through Datchworth Green, Knebworth, Old Knebworth, Langley, Rush Green, Hitchin, where the cyclists stopped for delicious refreshments at Simmons Bakers, and Ickleford to the Hitchin Lavender Farm. Whilst the group got a good glimpse of the fields, surprisingly, nobody meandered the tempting fields of fragrant lavender and sunflowers in full glory. The day started cloudy with sunny spells, however, when setting off on their second leg the predicted rain arrived and the group got a bit wet. The return journey led through the outskirts of

Letchworth Garden City, onto the cycle route 12 with is partially only a dirt road, towards Graveley, past the edges of Stevenage, and through Aston End where the cyclists stopped at the Crown to have a break at the pub's lovely beer garden, along Walkern Road back to Watton at Stone, timed nicely with the homeward bound train. Leader: Angie. Riders: Bridget, Paul, Pete D., Peter M., Rosa, Backstop: Jeff

Saturday 19th August: Wildhill

We gathered at Beggars Hollow in slightly damp weather, but the forecast was sunny periods and so it proved. We set off along Bulls Cross Lane before meeting two more riders by St Mary's School, Cheshunt. The onward ride gave plenty of opportunity to test new electric bikes, as we took in the hills up to Newgate Street and Essendon. After Essendon we rode along West End Lane where we were surprised to see the Candlestick pub, which has been closed for about a year, was open and serving. But as we had planned to lunch at the Woodman we continued to Wildhill, where we enjoyed their basic, but well-presented menu and some excellent beer. Afterwards we continued along Kentish Lane then up another hill(!) to the outskirts of Potters Bar. Here the leader abandoned the ride, but judging by the WhatsApp comments nevertheless everyone made it safely home, some even finding time to pick blackberries along the way. About 25 miles. Leader: Peter M, Riders: Debbie, Geoff, Janine, Jeff, John, Marion, Paul L, Rosa Backstop: Cathy. At lunch stop: Rachel

Sunday 3rd September: Fulham Palace

On a lovely clear morning 13 of us gathered at the Coffee Break Café before setting off down Green Lanes towards Palmers Green. We were shortly joined by another past member boosting our numbers to 14. After successfully tackling some gentle slopes on our way to Muswell Hill we passed Kenwood House and Hampstead Heath on our way towards Notting Hill. We made a brief stop at Craven Cottage to take a group photo in front of the Johnny Haynes Statue and then cycled down the road to our destination at Fulham Palace. Here we sat in the sun to enjoy our lunch and celebrate a birthday with some delicious lemon drizzle cake made by one of our guest riders. After a short time looking round the walled garden and museum we set off home via Hyde Park and Regents Park. On arriving back a few of us called in at the Palmers Green Festival taking place in Broomfield Park. Leader: Geoff. Riders: Ben, Dave, Debbie, Marion, Mike, Pat, Paul L, Pete D, Rosa, Janine, Hal, Tim. Backstop: Cathy

Saturday 9th September: Harlow Town Park

A group of 7 departed from Beggars Hollow and we collected an 8th member by Enfield Crematorium before cycling on through Albany Park and Enfield Island Village. From here we headed through Gunpowder Park and up to Waltham Abbey before encountering the hardest two climbs of the day in Horseshoe Hill and Crown Hill Given the scorching heat we were pleased to get these out of the way so we could then take it a bit easier for the remainder of the ride to Harlow Park. Once there we sought out shade to enjoy our lunch from the café and some of us found the energy to have a quick look around the Animal Centre. On the way back we passed through Roydon and the Lea Valley Country Park before branching off towards Cheshunt Railway Station. After a brief hold up at the level crossing we continued to Cedars Park and back down the A10

cycle track to Bullsmore Lane. On such a lovely day someone suggested we might like to make an additional refreshment stop so most of us called in at the Pied Bull for cold drinks in the garden before splitting up and making our way home. Leader: Geoff.
Riders: Ben, Debbie, Imran, Paul L, Peter M, Rosa. Backstop: Cathy

Sunday 17th September: Broxbourne

Paul's potter to our regular venue. From Edmonton Leisure Centre to Lea Valley at Ponders End lock. A towpath encounter with about 10 Breeze Ladies riding also northbound, before they split away. We then stopped at the bird hide, then up Clayton hill, Nazeing Road to the café. Returning by winding paths to Cheshunt to Enfield.
Leader Paul L Riders, Peter M, Imran, Vimal, Peter D, Backstop Pat.

Sunday 24th September: Ware

Despite the café being closed, we met at Beggars Hollow as usual and set off on a familiar route along Bulls Cross Ride, picking up three more riders outside St Mary's School, and over Holy Cross Hill to Brickendon and Bayford. Then on to Hertingfordbury, skirting the edge of Hertford to reach Waterford. A very nasty hill took us to Sacombe Road which we followed to Sacombe Park. From here we passed through a magical looking tree tunnel to reach the Old Cambridge Road which we followed into Ware. Here we stopped for lunch, distributing ourselves between various establishments before regrouping for the homeward journey. This was less challenging than the morning, as we followed a largely flat route through Stanstead Abbots, Hoddesdon, Broxbourne, Lee Valley to Cheshunt. From here on we started drop riders who took their own route home. Leader Peter M, Riders Bernie, Bridget, David, Debbie, Jeff, Marion, Michael, Mustafa, Paul L, Backstop Rosa

Saturday 30th September: Urban Hill Climb, Swains Lane

Our ride from the Coffee Break Café to Highgate to watch the annual time trial up the 900 metres of hill, some at a gradient of 20%. We stopped for lunch at Waterlow Park at Lauderdale House, locked bikes up, then a 5 minute walk west to the half way point. All sorts of cyclists took part, some of the fastest took 1 minute 15 seconds! We left at 2pm and back by about 3pm. A nice relaxed atmosphere, we were able to walk to the start and finish areas. This event is held around September yearly, organised by LCC. Leader Paul, Riders Maz, Dave, John, Peter D, Angela, Imran, Stephen, Backstop Jeff.

Sunday 8th October: Kenwood and Golders Hill

Another warm sunny autumn day from Coffee Break Café, following the usual route through Palmers Green, Ally Pally, Hornsey, Queens Vale climb to Hampstead Lane Kenwood and scenic views briefly. Then west past Jack Straws Castle to Golders Hill Park café for lunch. A short woodland walk to the lovely secret garden, where the pergola was under repair. Another short woody walk to Whitestone pond at top and ride back on easier roads, to Coffee Break around 3pm. Leader Paul, Riders Alan, Cathy, Geoff, Stephen, Ben, John, Debbie, Karen Sue Backstop Peter D.

Contact Information

Enfield Cycling Campaign – Coordinator is Hal Haines	info@enfieldcc.co.uk www.enfieldcc.co.uk
Paul L, ECC club info:	020 8808 3473 (before 9 pm only please)
Paul, ECC Rides Secretary, and assistant Maz:	eccridesec@hotmail.co.uk
ECC webmaster Peter: - Join email list via website	www.edmontoncycleclub.org
Southgate Cycling Club: (note new web address)	020 8372 1710 www.southgatecyclingclub.co.uk
London Cycling Campaign:	020 7234 9310 www.lcc.org.uk/lcc email Office@lcc.org.uk
LCC Enfield:	http://lcc.org.uk/boroughs/enfield
TFL: Free local cycling guides. 5th edition. Enfield No. 2.	0845 305 1234
CTC:	www.ctc.org.uk/services/work email cycling@ctc.org.uk 0870 8730060
Sustrans National Cycle Network:	0845 113 0065 www.sustrans.org.uk email info@sustrans.org.uk
Cycle Enfield: Free “Dr. Bike” checks, cycle loans, free training, leisure rides, cycle maintenance.	www.cycleenfield.co.uk 020 3031 6730,
Free inclusive cycling at 10.30-1.30 Tues to Fri, Bush Hill Park. Booking and registration on this number:	email cycle@enfield.gov.uk 020 8379 2445
Training:	www.cycletraining.co.uk 020 7582 3535
Register your bike for free	www.immobilise.com
Report bike theft to police online:	https://online.met.police.uk
Canals:	www.waterscape.com
Cycle Route Planner	www.cyclestreets.net

Club Merit Points

The points scheme for 2023 is:

First time ride leader 15 pts; Regular ride leader 10 pts; Back-stop 8 pts; Peloton rider 5 pts; Part ride 2 or 1 pts; Meeting 4 pts; Social Meeting 4 pts; Club Meal 4 pts, Bike Aid or First Aid 2 pts.

2023 Top of the Peleton as of 8.10.2023:

264 Paul L, 258 Peter M, 224 Geoff, 210 Cathy, 204 Peter D, 155 Tim, 143 Pat, 142 Jeff, 137 Bridget, 107 Rosa, 103 Debbie, 76 Maz, 74 John, 59 Marion, 58 Michael, 56 Stephen, 54 Cliff, 54 Imran, 46 Karen, 44 Sarah, 40 Keeley

Please Note:

If you wish to receive this newsletter by post, please send SAEs to: Paul at 2 Mayfair Gardens, Tottenham N17 7LP.

If you wish to resign, or not to receive the printed newsletter, please tell Paul by phone, letter, or in person.

1. Services:

AutoStore Motor Factors, 755 Green Lanes, Winchmore Hill, N21 3FA (020 8360 3622) www.autostoreonline.co.uk

Bikes For Good Causes 350 High Rd Wood Green N22, 020 8888 1005

Bikes R Us Mobile service / repairs – petebikesRus@hotmail.com (07949 066889)

The Cycle Store, 201 Woodhouse Rd, Friern Barnet N12 (020 7249 2200)

Decathlon – outdoor / cycle On A406 at Corktree Retail Park, Chingford E4 8JA

Halfords, Unit 3, Great Cambridge Road, Enfield (020 8366 0787)

Hancocks 10 Cadmore Ln, Cheshunt (01992 623922)

John's Cycles – 17 Greenhill Parade, Barnet EN5 1EU www.johnscycles.co.uk

Mac's, 77 Ordnance Road, Enfield (020 8292 5799)

North London Autocycles, 29 Gt Cambridge Road, Tottenham N17. (020 8801 6996)

The Rockstone Cycling Hub 335 Lordship Ln, Tottenham N17 (020 8808 0203)

Stanley Bridge 11 Newnham Parade, College Rd, Cheshunt (01992 623012)

Top Riders, www.topriderscycles.co.uk or 020 8363 8618 – Now online only.

**** NEW ** The Family Bike Club**

The Old Bookstall, Enfield Chase Railway Stn., EN2 7AA

thefamilybikeclub.com (07814 634382 – Luke)

2. **Potholes!** 8379 2152/4 or write to L.B. Enfield, Highway Maintenance, 7 Melling Drive, Enfield, EN1 4BS www.fillthathole.org.uk

3. **Celebs in the Saddle** – No one to report!

4. **London Cycling Campaign.** www.lcc.org.uk Membership Fees: Individual- 16+, employed is £49 pa. Concessionary - Full-time student <16 or 65+, or unemployed is £25. Household –two adults & <16s is £75. Member benefits include – shop discounts, rides, exclusive theft insurance, free third party insurance, legal helpline and quarterly mag.

5. Check out www.bike-events.com, email enquiries@bike-events.com or PO Box 3225 Bristol BS1 9JX or 01179 897080 for weekend charity rides and week-long Euro holidays.

6. **Cycling UK:** address: Parklands, Railton Rd, Guildford, GU2 9JX. Tel: 0844 736 8450 or 01483 238300. www.cyclinguk.org cycling@cyclinguk.org

7. **All Ability Cycling** – for adults with health issues in Enfield. Free, Monday 10-3pm at Bush Hill Park, Lincoln Rd EN1 1PS. Email all.ability@bikeworks.org.uk (Being run on behalf of LB of Enfield). See <https://journeysandplaces.enfield.gov.uk/get-going/all-ability-cycling-hub/>

8. **Decathlon Stores offer recycling scheme** - They have introduced a scheme to take your old worn out inner-tubes and tyres. Simply drop off at their cycle department.

9. **Santander Hire Bikes** - If you need to report an abandoned / stolen Santander hire bike, this can be done via the Santander Cycles app, or at the TFL Street Care website <https://streetcare.tfl.gov.uk/> or by email to abandonedtflcycle@tfl.gov.uk or by phone at 0343 222 6666. Remember to make a note of the bike's registration number to report!