



# Edmonton Cycle Club

*With Enfield Cycling Campaign  
Affiliated to Cycling UK (formerly CTC)*

*Summer 2021*

*Newsletter No. 84*

Hello to our members, as we at last can ride as a peloton again! We hope you are staying safe and well. We have some ideas for spring into summer rides, and welcome your views and ideas for rides too. We are currently using the website and our WhatsApp group to show rides information. Please note that the times given are “leave time” from the start venue. Special thanks to Maz and Peter for the constant updates in these difficult times with late diary changes at short notice. Take care, see you soon – The Editors.

[www.edmontoncycleclub.org](http://www.edmontoncycleclub.org).

## Spring to Summer Birthday Bikers

**Avril:** 8 Riza, 23 Bridget, 29 Dave, Nick.

**Mai:** 3 Maggie, Jeff, Peter, 29 Dave, Elaine, Richard.

**Juin:** 3 Trevor, 6 Debbie, 11 Helen, 15 Hyacinth, 17 Liz, 23 Michèle, Will, 28 Marion.

**Juillet:** 6 Jane GM, 21 Geoff.

**Auôt:** 2 Mel, 16 Peter, 20 Paul, 23 John, 26 Colin, Denise, 31 Sarah.

## Welcome to new members

Maria, Penny, Peter H, Wendy, Gianni, Tim, Sue, Karen, Angie, Yolanda, Cliff, Laurie, Trevor, Liza A, Steph, Amit, Sheila, George.

## Advice and Request to Riders – Be Prepared!

**Please, please** have your bike in good order before you come to start a ride! Make use of your local bike shops (see page 8), and ensure your tyres, brakes, gears etc. are all checked. Bring spare inner tubes to suit, and basic tools. Don't forget you own kit too - prepare for the weather with clothes to suit the season, plus phone, money, water etc.!

**ALSO – can ride leaders and backstops confirm they have each other's mobile numbers on their phones!** Be ready to enjoy the ride! Thanks!

## *Diary of coming Rides and Events*

**Club Meetings / Socials:**  
**First Thursday of month** at 8pm  
prompt

**Socials:**  
**Third Thursday of month** at 8pm

***During current Coronavirus Lockdown, these meetings are usually taking place online on Zoom.***

***However, we hope to resume meetings at the venue ASAP!***

Normal venue: Winchmore Hill Sports Club pavilion, The Paulin Ground, Fords Grove, Winchmore Hill N21 3ER.

July 1, Aug 5, Sept 2.

June 17, July 15, Aug 19, Sept 16.

### **Possible Ride Weekend dates:**

**June:** 26/27

**July:** 3/4, 10/11, 17/18, 24/25, 31/1Aug

**August:** 7/8, 14/15, 21/22, 28/29

**And possibly some weekdays!**

### **Previously planned rides which we hope to reinstate include:-**

- The Bumpkin at Tewin. About 40 miles, suitable for road or hybrid bikes.
- Southend Café, near Upshire!
- North Weald Airfield. About 40 miles, with a few hills, and suitable for road or hybrid bikes.
- Kenwood House / Golders Hill Park Cafés
- Henry Moore Museum, Perry Green, around 40 mile ride.
- Spokes Café, Herts.
- Redbourne, London Colney, St. Albans.
- Woodberry Wetlands
- Marine Ices – lunchtime visit

***As ever, ideas for rides are welcomed,  
plus volunteers to be Ride Leaders,  
please!***

## **Ride Reports by "Our riders on the saddle"...**

### **29<sup>th</sup> March: Redbourne, Herts**

Leader Geoff, plus Jeff, Maz, Bridget, Julian, Martina.

### **31<sup>st</sup> March: Southend Lake and Cafe**

Paul and Sue.

### **3<sup>rd</sup> April: Hatfield**

Leader Geoff, plus Marion, Chris, Peter M, Bridget, Jeff, Stephen.

A café stop was had, plus a stop for puncture repair!

### **11<sup>th</sup> April: Springtime in Lee Valley**

A springtime ride from Edmonton Leisure Centre. We passed Enfield Island Village, Gunpowder Park, the Lee Valley farms. A climb of Clayton Hill took us to lunch at the "OldRetreat" café in Broxbourne. Return was by woodland paths to Cheshunt with a stop at Cedars Park. Then onto a finish at Enfield Town, after c27miles / 44km.

Leader Paul, plus Stephen, Marion, Pat, Sue, Karen, Cathy, Peter H, Tim, and Peter MO backstop.

### **14<sup>th</sup> April: Tewin, Herts.**

A ride through the country lanes.

Leader Jeff, plus Geoff, Maz, Bridget, Peter H.

### **18<sup>th</sup> April: Lanes of Hertfordshire**

The lanes of Cheshunt, Newgate Street, White Stubbs Lane, Wormley.

Leader Paul, plus Geoff, Angie, Martin, Rosa, Hayley, Peter H, Pat backstop.

### **18<sup>th</sup> April: Sportive Herts**

Some ECC members completed a Sportive ride of 85.5km from Brookmans Park.

Riders were Maz, Martina, Bridget, Chris, Jeff, Lisa.

### **22<sup>nd</sup> April: First real Social Meeting since 2020!**

A group of members enjoyed a drink outside our regular WHSC venue. Great to be back and see everyone!

### **Saturday 24th April: Shenley Park and Aldenham Country Park**

Eight of us set off from Ferny Hill on a lovely sunny morning and made our way via quiet country lanes to Shenley Park. We stopped here for a catch up and chat but decided against coffee as the queue for the café was so long. At this point we split into two groups with Maz leading a smaller group home and the rest of us continuing on to Aldenham Country Park for a lunch stop. We cycled back past the Ice Cream Farm in Galley Lane. Leader Geoff, Riders Cathy C, Maz, Bridget, Jeff, Marion, Sarah, Bill.

### **Sunday 2nd May: Codicote and Tewin**

Nine members met Beggars Hollow, setting off just after 9:30am. We rode up Coopers Lane, Shepherds Way and the A1000 where we were passed by a peloton of mods on 1960's scooters all belting out 1960's exhaust fumes. Rain started just as we were

*contemplating a coffee stop in Welwyn Garden City, then stopped shortly afterwards. We continued through Ayot St Peter, past a bluebell wood in full bloom then through a ford to Codicote and on to Spokes Cycle Cafe, where among other delights we enjoyed banana bread and barmbrack. Setting off again we crossed a Toad Migratory Route, then through Woolmer Green to Tewin for a short break on the village green before returning through WGC and the reverse of our outward route. Overall distance 45 miles. Leader Peter M, riders Pat, Sue, Geoff, Jeff, Sarah, Tim, Marion, backstop Peter H*

### **Sunday 9th May: Roydon**

*Nine of us met at Beggars Hollow on a bright sunny morning. The warm weather had taken us by surprise and most of us had to strip off a few layers before setting off. We made our way through the old golf course and headed north towards Roydon via Cheshunt Park, Hoddesdon and Rye Meads. Shortly before Rye Meads Tim's front wheel suffered a spectacular blowout and in spite of all our considerable efforts none of us succeeded in removing the tyre from what looked like a non-standard rim. Eventually we reluctantly accepted defeat and left Tim waiting to be collected by his very understanding wife. On arriving at Roydon Marina we found the café open for takeaways so decided to make that our lunch stop rather than Dobbs Weir as originally planned. After a pleasant hour or so in the sun we made our way back through Lee Valley Park with an ice cream stop at Fishers Green. Leader Geoff, riders Cathy, Angie, Bill, Pat, Paul L, Peter M, Tim, backstop Stephen.*

### **Sunday 23rd May: Battersea Park**

*We met at Edmonton Leisure Centre under dull skies and a forecast of later rain. Undeterred, we set off along the tortuous CS1 towards the City, with rain finally arriving as we reached Holborn. But fortunately it was only a shower, and cleared up as we passed along the Embankment cycle track, then past Parliament Square and up to Buckingham Palace. A stop here for a photo opportunity, then across Hyde Park, down through Kensington and over the Albert Bridge to Battersea Park. Here we lapped the park in search of working loos before a lunch stop at the park café. After lunch we passed the new US Embassy in Vauxhall (Anyone else think it looks like an egg box?) and dodged the pedestrians around the South Bank. Finally as another prolonged shower set in we retraced our route to Edmonton, with several riders peeling off as we got close their homes. 32 miles, Leader Peter M, riders Paul B, Hayley, Trevor, Stephen, Geoff, Cathy, Paul L, Jeff, Karl, Marion, Peter H, backstops Sarah, Jayne. An honourable mention to Pat who made it to the start but had to withdraw due to mechanical problems.*

**Advertisement**

**\*\* Club Cycle Jerseys \*\***

**Limited stock still available!**

They are light green, with a black trim and club name on back / initials front.

Style is short sleeves and full zip, with three rear pockets,

Sizes: M, L, XL, 2XL

Price £24

*Contact Paul Lafosse if interested*

**Advertisement**

**Little Green Dragon Ale House**

**928 Green Lanes, Winchmore Hill**

[www.lgd-at-home.com](http://www.lgd-at-home.com)

*We hope to see you again this summer!*

**Advertisement**

***For Sale:***

Peugeot Record du Monde Tandem (early 1970s)

700c wheels, 16-speed (2x8) derailleur gears

Centre-pull rim brake, rear pannier rack.

Offers around £100

Contact Richard Reeve – 07957 591387

## Contact Information

Enfield Cycling Campaign – New Joint Coordinators are Hal Haines and Viola.	<a href="mailto:info@enfieldcc.co.uk">info@enfieldcc.co.uk</a> <a href="http://www.enfieldcc.co.uk">www.enfieldcc.co.uk</a>
Paul L, Hon Mem. Sec, ECC club info:	020 8808 3473 (before 9 pm only please)
Paul, ECC Rides Secretary, and assistant Maz:	<a href="mailto:eccridesec@hotmail.co.uk">eccridesec@hotmail.co.uk</a>
ECC webmaster Peter: - Join email list via website	<a href="http://www.edmontoncycleclub.org">www.edmontoncycleclub.org</a>
Southgate Cycling Club: (note new web address)	020 8372 1710 <a href="http://www.southgatecyclingclub.co.uk">www.southgatecyclingclub.co.uk</a>
London Cycling Campaign:	020 7234 9310 <a href="http://www.lcc.org.uk/lcc">www.lcc.org.uk/lcc</a> email <a href="mailto:Office@lcc.org.uk">Office@lcc.org.uk</a>
LCC Enfield:	<a href="http://lcc.org.uk/boroughs/enfield">http://lcc.org.uk/boroughs/enfield</a>
TFL: Free local cycling guides. 5th edition. Enfield No. 2.	0845 305 1234
CTC:	<a href="http://www.ctc.org.uk/services/work">www.ctc.org.uk/services/work</a> email <a href="mailto:cycling@ctc.org.uk">cycling@ctc.org.uk</a> 0870 8730060
Sustrans National Cycle Network:	0845 113 0065 <a href="http://www.sustrans.org.uk">www.sustrans.org.uk</a> email <a href="mailto:info@sustrans.org.uk">info@sustrans.org.uk</a>
Cycle Enfield: Free “Dr. Bike” checks, cycle loans, free training, leisure rides, cycle maintenance.	<a href="http://www.cycleenfield.co.uk">www.cycleenfield.co.uk</a> 020 3031 6730
Free inclusive cycling at 10.30-1.30 Tues to Fri, Bush Hill Park. Booking and registration on this number:	email <a href="mailto:cycle@enfield.gov.uk">cycle@enfield.gov.uk</a> 020 8379 2445
Training:	<a href="http://www.cycletraining.co.uk">www.cycletraining.co.uk</a> 020 7582 3535
Register your bike for free	<a href="http://www.immobilise.com">www.immobilise.com</a>
Report bike theft to police online:	<a href="https://online.met.police.uk">https://online.met.police.uk</a>
Canals:	<a href="http://www.waterscape.com">www.waterscape.com</a>
Cycle Route Planner	<a href="http://www.cyclestreets.net">www.cyclestreets.net</a>

## Ride Advice

Please follow these pieces of advice to ensure a safe and enjoyable ride:

- Be punctual so rides start promptly.
- Bring lights and **spare inner tube in case of punctures.**
- **Listen to ride leaders instruction about route and safety.**
- Keep to the left, ride in single file and don't cross the centre line of the road.
- Keep your distance from rider in front / stay behind the leader & in front of backstop.
- **At junctions, middle riders must indicate to those behind** which way you will be turning, and check that the rider behind is in sight and sound distance and notes which turn to take.
- Tell the leader or back stop if you have a problem or want to leave the group.
- If you're a confident rider, consider and help newer riders and children.

Also note:

- Rides are subject to late change and riders take part at own risk.
- Under 18s must be with a responsible adult but please note that not all rides are suitable for children.
- Under 18s are advised to wear a British Standard safety helmet.
- Finish times are a guide only.
- Lunch stops are at nice pubs or cafes.

## Club Merit Points

The points scheme for 2021 is:

*First time ride leader 15 pts; Regular ride leader 10 pts; Back-stop 8 pts; Peloton rider 4 pts; Part ride 3 pts; Meeting 4 pts; Social Meeting 2 pts; Bike Aid or First Aid 2 pts.*

As of May the table is:

*90 Geoff, 60 Maz, 58 Paul L, 54 Jeff, 54 Peter M, 44 Bridget, 44 Cathy, 40 Marion, 40 Pat, 38 Stephen, 26 Les, 24 Hayley, 24 Peter H, plus 17 others.*

## Cycle Related Information You May Find Useful

### 1. Services:

**AutoStore Motor Factors**, 755 Green Lanes, Winchmore Hill, N21 3FA (020 8360 3622) [www.autostoreonline.co.uk](http://www.autostoreonline.co.uk)

**Decathlon – outdoor / cycle / sports apparel** On A406 at Corktree Retail Park, Chingford E4 8JA (Mon-Sat 9-8, Sun 10.30-4.30)

**Halfords**, Unit 3, Great Cambridge Road, Enfield (020 8366 0787)

**John's Cycles** – 17 Greenhill Parade, Barnet EN5 1EU [www.johnscycles.co.uk](http://www.johnscycles.co.uk)

**Mac's**, 77 Ordnance Road, Enfield (020 8292 5799)

**North London Autocycles**, 29 Gt Cambridge Road, Tottenham N17. (020 8801 6996)

**Shorter Rochford Cycles** 27 Barnet Rd, Potters Bar, Herts. (01707 662 332)

**The Cycle Store**, 201 Woodhouse Rd, Friern Barnet N12 (020 7249 2200)

**Top Riders**, [www.topriderscycles.co.uk](http://www.topriderscycles.co.uk) or 020 8363 8618 – Now online only.

2. **Potholes!** 8379 2152/4 or write to L.B. Enfield, Highway Maintenance, 7 Melling Drive, Enfield, EN1 4BS [www.fillthathole.org.uk](http://www.fillthathole.org.uk)

3. **Celebs in the Saddle No.57:** Kate Silverton – BBC News, Ben Foster – Watford FC, Sandy Toksvig – QI, Jessica Hynes – actress.

4. **London Cycling Campaign.** [www.lcc.org.uk](http://www.lcc.org.uk) Membership Fees: Individual- 16+, employed is £49 pa. Concessionary - Full-time student <16 or 65+, or unemployed is £25. Household –two adults & <16s is £75. Member benefits include – shop discounts, free third party insurance, rides, exclusive theft insurance, free legal helpline, free quarterly magazine.

5. Check out [www.bike-events.com](http://www.bike-events.com) , email [enquiries@bike-events.com](mailto:enquiries@bike-events.com) or PO Box 3225 Bristol BS1 9JX or 01179 897080 for weekend charity rides and week-long Euro holidays.

6. **Cycling UK:** address: Parklands, Railton Rd, Guildford, GU2 9JX. Tel: 0844 736 8450 or 01483 238300. [www.cyclinguk.org](http://www.cyclinguk.org) [cycling@cyclinguk.org](mailto:cycling@cyclinguk.org)

7. **2020 Activity:** These members rode socially distanced rides, and appeared on Zoom meetings and socials: Geoff, Jeff, Maz, Paul L, Bridget, Peter M, Les, Cathy C, Stephen, Pat, Marion, Chris, Julian, Hayley, Sarah, Peter H, Jayne, Paul J, Bill, Colin, Martina, Tim, Cathy M, John F, Karl, Leon, plus others.

**Please Note:** If you wish to receive this newsletter by post, please send SAEs to: Paul at 2 Mayfair Gardens, Tottenham N17 7LP

If you wish to resign, or not to receive the printed newsletter, please tell Paul by phone, letter, or in person.

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